

Aqua Bodies

Water Content in Selected Foods

Directions: Match the following food items with the amount of water you think each one of them has by drawing a line from the food to the correct percent of water.

<u>Food</u>	<u>% Water</u>
Potato Chips	49
Pizza	70
Ice Cream	87
Beef Liver	94
Bananas	88
Grapes	2
Oranges	74
Carrots	96
Tomatoes	81
Lettuce	61

